

August in a One Personal Year

This month will have something connected to the past coming to a conclusion and finality, in the realm of your mind if not in reality. Be aware that you cannot have new beginnings without first having endings and conclusions to what is no longer relevant or sustainable in your life. Just take it for what it is, something that has to be completed and finished in order for you to leave it behind. Doing this will enable you to move forward with the full force of your One Personal Year, and subsequent new cycle of experience with a more positive feeling in regards to your plans and achievements so far. Approach all that is now in your life with understanding, empathy and forgiveness. This will then enable you to leave all the baggage behind so that you can concentrate on your plans for the future.

Make your heart big enough to want good things for others as well as for yourself. You will be expected to demonstrate a philanthropic attitude this month. You may feel moments of nostalgia as you contemplate what might have been. Do not allow these feelings to deepen into low moods, merely acknowledge them and allow them to pass. Entertainment is in the air, as also anything connected to the arts. Take in a concert or perhaps you will be inspired to take acting or singing lessons. Then again, maybe sketching and painting is more to your liking. Enjoy socialising with friends and loved ones.