

## *Number Four Personal Year*

The theme for this year is work. The year's vibration brings you serious opportunity and expects you to deliver with 'hard yakka' and commitment in regards to your plans. This is a practical year, not a year for day dreaming or haphazard adventures. It is a time for you to build, based on practical values and constant application. You will be expected to manage your affairs and finances with efficiency and discipline. This is where you start laying the foundations for the security and stability that is possible for the future. If you feel restricted or confined, accept this and make the most with what you have, restriction is part of the number four vibration. In this way life forces you to stick to the task at hand to ensure sound results. This year success will come through self-discipline and commitment.

It's time to do a stocktake in all the areas of your life. Both business and personal aspects should be considered in an economic sense in order for you to know what your starting base is for future growth and direction. When you discipline yourself to do this, you will definitely experience the satisfaction of having achieved and accomplished what you set yourself to do. This will then set the pace for more freedom next year.

Social activities and enjoyment are also on the agenda. When others ask for your help, be gracious, understanding and obliging even if you do not feel like it. Understand that being helpful and generous does not mean being a push over. Family and all that it stands for will be in force this year. This is a time for buying, selling and bartering. Be sure to read the small print before signing any documents. Get a check up and keep healthy. Establish good eating habits, adequate R & R and a workable exercise program.